



PERSONAL DETAILS

1. <i>Nationality</i>	<i>British & South African</i>
2. <i>Car Driver Status</i>	<i>Full UK license</i>

SUMMARY OF QUALIFICATIONS, SKILLS AND VALUES

Bridget Churchill qualified as an Occupational Therapist (OT) in 2000 at Stellenbosch University in South Africa before moving to the UK. She has her own private practice and has a background in mental-health, medical, elderly, adult, neurological (CVA, ABI, TBI, progressive conditions, disorders of consciousness), acute and community-based caseload management and postural seating. She maintains her British, North American and South African Occupational Therapy professional registrations. She has established the online SPOTlights communities to provide a platform for international networking within special interest groups. She also sets time aside to engage in charitable work.

She has completed post-graduate training/accreditation to optimize service delivery and clinical practice and continuously seeks out current learning to enhance practice. She is driven and passionate about living life to the fullest and making the most of every opportunity, which she hopes to share with her clients and colleagues by inspiring, teaching and learning. She believes that collaboration with her clients and their multi-disciplinary team (including family and employers) are pivotal to underpinning client success for complex presentations and optimizing quality of life.

Bridget is motivated to provide client-centred OT service provision in all instances. She has experience working with highly complex clients including those presenting with dysexecutive syndrome and challenging behaviours. She is an excellent problem-solver, proficient in IT use and demonstrates good time-management skills. Bridget maintains a desire to learn in all instances and share her knowledge with clients and colleagues. Life is for living - this is a core ethos that she hopes to share with her clients. Her goal is to learn from, and motivate and support, her clients and colleagues. Her ambition is to contribute to service and practice improvements to support service-user quality of life.

SUMMARY & TYPES OF EXPERIENCE

She has extensive experience in complex rehabilitation and complex rehabilitation technology. She has led in multiple situations; has been a clinical lead for her clients, represented the OTs nationally on the BIRT (UK) Clinical Executive Committee from 2007-2009, consulted as Clinical Team Leader to a multi-disciplinary treatment team for several years, has been a Neuro Clinical Lead and OT Lead within the NHS, and has supervised Band 4-Band 8 clinical staff members across statutory and private sectors.

She maintains a private OT caseload that has included cognitive & physical rehabilitation and prescription for complex rehabilitation technology and mobility equipment. She has knowledge of the entirety of the neurological rehabilitation pathway including acute, residential, and community-based services. Her experience includes direct intervention, motivational interviewing, postural assessment, interventions, and assessment for clients with disorders of consciousness, community reintegration, physical and cognitive rehabilitation to support independent living and focus on domestic, personal, vocational, leisure and functional goals for her clients. Tools to maximize engagement and participation to supplement therapy and maximize her client’s ultimate autonomy and control are considered and utilised – these can include low-tech cognitive strategies to more complex technology, as appropriate.

She has worked internationally a both clinician and clinical educator. She offered training within the UK, KSA and RSA relating to assessments for Disorders of Consciousness and neuro rehabilitation. She was the clinical educator for Spex seating technology products within UK, Europe, N. & S. America, KSA and South Africa, supporting postural assessments and staff training (in-person and virtually), and copywriting.

Details of her work history can be downloaded at: <https://www.lifeforliving.net/about>



POST GRADUATE QUALIFICATIONS AND CERTIFICATIONS

People Handling and Risk Assessment Key Trainer's Certificate (2023)
Master of Business Administration with Distinction (2008)
Assessment of Motor and Process Skills (AMPS) accredited assessor
Montreal Cognitive Assessment accredited assessor
Bobath (Introductory & Adult)
Postural assessment with MPD 24/7
Licensed User of: BADS (Behavioural Assessment of the Dysexecutive Syndrome), TEA (The Test of Everyday Attention) – Adult Version, Doors and People: a test of visual and verbal recall and recognition, MoCA (Montreal Cognitive Assessment)
Previously accredited assessor of Sensory Modalities and Rehabilitation Techniques (SMART) for disorders of consciousness.
PADI Dive Master, Discover Scuba Diving Leader

PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS




Health Professions Council (UK) – OT32782;
Health Professions Council of Southern Africa (HPCSA) – OT0038768;
National Board for Certification of Occupational Therapy (NBCOT, USA) – 273531,
Balens Professional, Public & Products Liability Insurance – UROTH/22/08/21DAS
Occupational Therapy Association of Southern Africa (OT6799)
World Federation of Occupational Therapists (WFOT)
Royal College of Occupational Therapists UK (BT0230298);
College of Occupational Therapists (COT) Specialist Sections: Neurological Practice & Independent Practice
UK Acquired Brain Injury Forum (UKABIF)
RESNA 24-7 Postural Care management Special Interest Group (USA),
Posture & Mobility Group (UK),
PADI (Professional Association of Dive Instructors) Dive Master 312605

INDUSTRY EXPOSURE

Bridget regularly provides in-service training on a range of clinical areas with special interest in Disorders of Consciousness, postural care and neurological and cognitive rehabilitation. For a list of publications and presentations please see: https://www.lifeforliving.net/Publications_Bridget

Bridget is currently volunteering as both Regional Network Lead (on the National Executive Committee) and as the Southeast Regional Contact for the Royal College of OT Specialist Section Independent Practice within the UK.

CONTACT DETAILS

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